Herb Wands, Garlic Bundles, and other Garden Treasures

POW by OR

HEALTHY YOUTH PROGRAM

Overview: Children can take home a "piece of the garden" by creating crafts out of seasonal garden produce, flowers, herbs, etc.

Subject area: Garden Arts and Crafts

Grade level: K - 5th

Prep time: 5 minutes

Lesson time: 20-30 minutes

Materials needed:

• Ribbon in various colors

Scissors

Dried garlic

Herbs and flowers from garden

Space needed: Area with tables.

Staff needed: 1

Presentation steps:

- 1. If children would like to make a wand, send them out to the garden to collect herbs and flowers.
- 2. When they are done, have a staff member cut one piece of ribbon for the child to wrap and tie around their wand.
- 3. Children making garlic bundles will be given 1-3 heads of garlic and a piece of ribbon from a staff member to tie the garlic together.
- 4. Projects can be hung to dry until they are picked up at the end of the day.

Variations:

This activity could be expanded to include other crafts like flower crowns or wreaths.