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## Recycling Relay

**Lesson Overview:** To improve loco motor skills and knowledge of recycling.

Note: May want to have the custodian come in to talk about how he would like recycling done, why it is important, etc.

**Grade Level:** K-3<sup>rd</sup>

**Lesson Time:** 10-20 minutes

**Prior Knowledge:** Knowledge of the different loco motor skills and information on recyclable materials

### Materials Needed:

- Trash cans (2)
- Clean trash such as paper, plastic, and aluminum
- 2 color-coded signs (for non-readers) for mixed recycling and trash

### Content Integration:

- Health
- Physical Education
- Reading

### Corresponding Standards:

Oregon Department of Education

- Promotion of Environmental Health
  - Acquire knowledge and skills to determine how protecting the environment impacts health for individuals and society.

Oregon Standards

- Promotion of Physical Activity
  - Acquire knowledge and skills to understand the role physical activity has in promoting health.
- Expressive and Efficient Moving
  - Demonstrate knowledge of a variety of motor skills.

**Lesson Objective:** To improve locomotor skills and knowledge of recycling

### Lesson Description:

1. **Lead-in:** Remind students what it means to recycle and why it is important. Show examples of each type of trash that can be recycled and explain the recycling containers to them.
2. **Step by Step:** Students spread out in general space with trash cans placed in appropriate areas. Mix up trash and recycling and spread it out in the area. On command, students are to pick up

any piece of trash and place it in the correctly labeled trash can by traveling using the locomotor skill that the teacher calls out.

3. **Closure:** Review with students what it means to recycle.
4. **Extension or Next Step:** The teacher can vary the locomotor skills or by using different directions (forward, backward, sideways).

**Differentiation:**

- Advanced: Students can write about what it means to recycle and why it is important.