HEALTHY YOUTH PROGRAM Oregan State POWERED by ORANGES LINUS PAULING INSTITUTE Fitness & Nutrition

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Vocabulary March

Lesson Overview: Practicing vocabulary words while marching.

Grade Level: 1st-5th

Minutes Needed: 5-10 minutes

Prior Knowledge: Proper spelling of weekly vocabulary words.

Materials Needed: Teacher will need a list of the week's vocabulary words.

Content Integration:

- Vocabulary
- Spelling
- Language Arts
- Physical Activity

Corresponding Standards:

Common Core State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects

- Reading Standards: Foundational Skills
 - Phonics and Word Recognition
 - Know and apply grade-level phonics and word analysis skills in decoding words.
- Language Standards K-5
 - Conventions of Standard English
 - Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

Lesson Objective: Students will practice spelling of vocabulary words while getting a chance to get up and do a little moving.

Lesson Description:

- **1.** Lead-in: Children stand beside their desks where there is room to march in place.
- **2. Step by Step:** The teacher says the first vocabulary work for the week. Then he/she says "Begin" and students spell the word by marching a step for each letter.
- 3. Closure: Teachers can choose to do a just a few vocabulary words or all the words.
- 4. Extension or Next Step: Can repeat words that students seemed to have trouble spelling. After having practiced some words early in the week, the entire list can be done at the end of the week.

Differentiation:

- Advanced:
 - To make the exercise a little more complicated the teacher can ask the students to march with hands down when saying a consonant and arms above head for vowels.
 - Can have students march around the room rather than in place.
- Struggling:
 - Can have students just march in place.
 - Can partner up students.
 - Can allow certain students to have his/her spelling list on his/her desk as a "cheat sheet" if needed to glance at when needed.